

SWIMMING LESSONS

Registration for swim lessons begins Monday, May 8th at 9am. Only cash or checks made out to: **CITY OF LONG BEACH** are accepted at the pool. **ONLINE AND TELEPHONE REGISTRATION IS ALSO AVAILABLE FOR ALL GROUP SWIMMING LESSONS OFFERED AT BELMONT PLAZA POOL.** Visit lbparks.org to register online or call 570-7171 to register by telephone. A family pin number and credit card payment is required for telephone registration.

Registration will also be accepted at the pool from 9am-7pm, Monday through Friday. Registration for multiple sessions will be accepted at one time. Please note that classes are expected to fill early. Scholarship applications may be obtained from the pool office. Online and telephone registration must be completed no later than the Friday before the first day of the session. If you are unsure of the level for which to sign-up, call the pool at 570-1807 to arrange for a swim test.

The following lessons are conducted during two four-week sessions and four two-week sessions. Classes meet M & W, Tu & Th or Monday through Thursday. Youth classes are 30 minutes in length. Adult classes are 60 minutes in length. Fees are based on 8 class sessions and will be pro-rated accordingly for July 4th holiday. Refunds for classes will only be granted prior to the first class meeting, with a \$8 service charge assessed. Youth Fee: \$33.60; Adults Fee: \$38.40.

Four-Week Sessions: M&W or Tu&Th

Session	Day	Dates
Session 1	M/W	June 19-July 12
Session 1	Tu/Th	June 20-July 13*
Session 2	M/W	July 17-Aug 9
Session 2	Tu/Th	July 18-Aug 10

*Classes will not meet on July 4th.

LEARN TO SWIM PROGRAM

Parent & Child (9mos-3yrs)

S-1	S-2	Day	Time
36987	36988	M/W	11am
36989	36990	Tu/Th	11am
36991	36992	M/W	4pm
36993	36994	M/W	5:30pm
36995	36996	Tu/Th	6:30pm

Tiny Tots 1 (3-5yrs)

S-1	S-2	Day	Time
37326	37327	M/W	11am
37328	37329	Tu/Th	10am
37330	37331	M/W	4:30pm

37332	37333	Tu/Th	4:30pm
37334	37335	Tu/Th	6pm

Tiny Tots 2 (3-5yrs)

S-1	S-2	Day	Time
37354	37355	M/W	10:30am
37356	37357	Tu/Th	10:30am
37358	37359	M/W	4:30pm
37360	37361	Tu/Th	4:30pm
37362	37363	Tu/Th	5:30pm

Tiny Tots 3 (3-5yrs)

S-1	S-2	Day	Time
37376	37377	M/W	9:30am
37378	37379	M/W	5pm
37380	37381	Tu/Th	5pm
37382	37383	Tu/Th	5:30pm

Level 1 (6-12yrs)

S-1	S-2	Day	Time
36873	36874	M/W	10am
36875	36876	Tu/Th	10:30am
36877	36878	M/W	4pm
36879	36880	M/W	5:30pm
36881	36882	Tu/Th	4pm
36883	36884	Tu/Th	5:30pm

Level 2 (6-12yrs)

S-1	S-2	Day	Time
36899	36900	M/W	10:30am
36901	36902	Tu/Th	9:30am
36903	36904	M/W	5pm
36905	36906	M/W	6pm
36907	36908	Tu/Th	5pm

Level 3 (6-12yrs)

S-1	S-2	Day	Time
36923	36924	Tu/Th	11am
36925	36926	M/W	4:30pm
36927	36928	Tu/Th	5pm

Level 4 (6-12yrs)

S-1	S-2	Day	Time
36943	36944	M/W	10am
36945	36946	M/W	5:30pm
36947	36948	Tu/Th	4:30pm

Level 5 (6-12yrs)

S-1	S-2	Day	Time
36961	36962	M/W	5pm

Level 5 & 6 (6-12yrs)

S-1	S-2	Day	Time
36959	36960	Tu/Th	10am

Level 6 (6-12yrs)

S-1	S-2	Day	Time
36971	36972	M/W	6:30pm

Adults (All levels) age 13 & older

S-1	S-2	Day	Time
36858	36859	M/W	9-10am
37411	34712	Tu/Th	9-10am
37413	37414	M/W	6-7pm
37415	37416	Tu/Th	6-7pm

Two-Week Sessions: Monday-Thursday

Session	Day	Dates
Session 1	M-Th	June 19-29
Session 2	M-Th	July 3-13*
Session 3	M-Th	July 17-27
Session 4	M-Th	July 31-Aug 10

*Classes will not meet on July 4th.

Parent & Child (9mos-3yrs)

S-1	S-2	S-3	S-4	Day	Time
36997	36998	36999	37000	M-Th	10am
37001	37002	37003	37004	M-Th	4:30pm

Tiny Tots 1 (3-5yrs)

S-1	S-2	S-3	S-4	Day	Time
37336	37337	37338	37339	M-Th	9:30am
37340	37341	37342	37343	M-Th	10:30am
37344	37345	37346	37347	M-Th	4pm
37348	37349	37350	37351	M-Th	5pm
37352	37353	37423	37424	M-Th	5:30pm

Tiny Tots 2 (3-5yrs)

S-1	S-2	S-3	S-4	Day	Time
37364	37365	37366	37367	M-Th	9:30am
37368	37369	37370	37371	M-Th	11am
37372	37373	37374	37375	M-Th	4pm

37417	37418	37419	37420	M-Th	5pm
37427	37428	37429	37430	M-Th	6pm

Tiny Tots 3 (3-5yrs)

S-1	S-2	S-3	S-4	Day	Time
37384	37385	37386	37387	M-Th	10am
37388	37389	37390	37391	M-Th	4:30pm

Level 1 (6-12yrs)

S-1	S-2	S-3	S-4	Day	Time
36885	36886	36887	36888	M-Th	9:30am
36889	36890	36891	36892	M-Th	11am
36893	36894	36895	36896	M-Th	4:30pm
37431	37432	37433	37434	M-Th	5pm
37435	37436	37437	37438	M-Th	6pm

Level 2 (6-12yrs)

S-1	S-2	S-3	S-4	Day	Time
36909	36910	36911	36912	M-Th	10am
36913	36914	36915	36916	M-Th	11am
36917	36918	36919	36920	M-Th	4pm
36921	36922	37439	37440	M-Th	5:30pm
37441	37442	37443	37444	M-Th	6:30pm

Level 3 (6-12yrs)

S-1	S-2	S-3	S-4	Day	Time
36929	36930	36931	36932	M-Th	10:30am
36933	36934	36935	36936	M-Th	5:30pm
36937	36938	36939	36940	M-Th	6:30pm

Level 4 (6-12yrs)

S-1	S-2	S-3	S-4	Day	Time
36949	36950	36951	36952	M-Th	10:30am
36953	36954	36955	36956	M-Th	6:30pm

Level 5 & 6 (6-12yrs)

S-1	S-2	S-3	S-4	Day	Time
36963	36964	36965	36966	M-Th	6pm

Diving 1 (6-12yrs)

(must possess Level 3 swimming skills)

S-1	S-2	S-3	S-4	Day	Time
36861	36862	36863	36864	M-Th	10am

Diving 2 (6-12yrs)

(must have completed Diving 1)

S-1	S-2	S-3	S-4	Day	Time
36865	36866	36867	36868	M-Th	10am

PRIVATE LESSONS: One instructor/one student, 8-30 minute private lessons for \$124.80

SEMI-PRIVATE LESSONS: 2-3 students/one instructor, 8-30 minute lessons for \$81.60.

The classes are taught either on Monday & Wednesday, Tuesday & Thursday, Friday only or Saturday only. For private and semi-private lesson information and availability, please call 570-8989.

SAFETY SERVICE CLASSES

Lifeguard Training. Class fee is \$90 (text NOT included).

Water Safety Instructor. Class fee is \$90 (text NOT included). A \$5 materials fee is paid to the instructor at the first class. Prerequisite: FIT class

Lifeguard Instructor. Class fee is \$90 (text not included). \$5 materials fee is paid to the instructor on first day of class. Prerequisite: FIT class

FIT (Fundamentals for Instructor Trainers). Class fee is \$30.00 (text NOT included) \$18.00 if taking with WSI or LGI.

For information regarding Safety Service classes, please call the pool at 570-1807.

SPECIAL PROGRAMS

Amateur Athletic Foundation Summer Programs.

Registration for these programs will be taken at Belmont Plaza Pool on a first-come, first-served basis beginning Saturday, May 20 from 9-11am. Beginning Monday, May 22, registration will be taken from 9am-7pm, Monday through Friday. Space is limited, early registration is strongly recommended. Scholarships are available for youth 7-17 years of age.

Practices begin the week of June 26 and continue through August 18-25 depending on the sport.

Synchronized Swim Practice:	M/W/F	10:30am-noon
Water Polo Practice:	T/Th/F	10:30am-noon
Swim Team Practice:	M-F	3:30-4:30pm
Diving Practice:	M-F	9-10am

Participants must be able to commit to attend all practices as well as competition dates. For additional information regarding the AAF Summer Programs, please call 570-1886.

Sea Festival Novice Swim Meet. Free for all novice swimmers. Saturday, August 12 from 8am-12pm. Join in on the fun, prizes and free lunch. Entry forms will be available in the early July, please call the pool for more information.

McCormick Divers. Competitive springboard and platform diving for all levels taught by Debby McCormick. For more information, please visit www.mccormickdivers.com or call (714) 846-6427.

Beach Swim Club. Competitive swim training for novice through Olympic hopefuls. For more information, please visit www.beachswimclub.com or call (562) 597-9744.